



13th March 2020

Dear Parents / Carers,

Further to the new announcements by the Prime Minister yesterday about the Coronavirus, please see below the link to the guidelines now being followed nationally. We will be following the Government's advice at all times and these guidelines will be in place until further guidelines are given. Can you please take the time to read the whole of the document in the link below so that you are all clear on what the new guidelines entail. If your child is going to be absent from school, you need to follow the usual procedures and call in to give reasons for their absence.

Can I please confirm that so far we have had no cases of Coronavirus confirmed in any staff members or pupils at Mayfield School and we will be following the Governmental guidelines at all times in this matter.

The headlines of the guidance in the link below are as follows:

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature

For most people, coronavirus (COVID-19) will be a mild infection

Key messages

- if you have symptoms of coronavirus infection (COVID-19), however mild, stay at home and do not leave your house for 7 days from when your symptoms started. (See Ending Isolation section below for more information)
- this action will help protect others in your community whilst you are infectious.
- plan ahead and ask others for help to ensure that you can successfully stay at home.
- ask your employer, friends and family to help you to get the things you need to stay at home.
- stay at least 2 metres (about 3 steps) away from other people in your home whenever possible.
- sleep alone, if that is possible.
- wash your hands regularly for 20 seconds, each time using soap and water.

- stay away from vulnerable individuals such as the elderly and those with underlying health conditions as much as possible.
- you do not need to call NHS111 to go into self-isolation. If your symptoms worsen during home isolation or are no better after 7 days contact [NHS 111 online](https://www.nhs.uk/111). If you have no internet access, you should call NHS 111. For a medical emergency dial 999.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

I am sure there will be further updates over the coming week and we will continue to follow Governmental advice in this matter.

Kind regards,



Simon Harris, Interim Headteacher, Mayfield School